

May 1, 2020

**Re: AIM Specialty Health Clinical Appropriateness Guidelines update -- Sleep Disorder Management**

Dear Provider:

Anthem Blue Cross and Blue Shield and our subsidiary company, HMO Nevada (Anthem), is writing to inform you of the following updates to the AIM Specialty Health® (AIM) Clinical Appropriateness Guidelines. AIM is a separate company.

Effective for dates of service on and after August 16, 2020, the following updates will apply to the AIM Sleep Disorder Management Clinical Appropriateness Guideline.

**Sleep Disorder Management updates by section:**

**Bi-Level Positive Airway Pressure Devices**

- Change in BPAP FiO2 from 45 to 52 mmHg based on strong evidence and aligns with Medicare requirements for use of BPAP.

**Multiple Sleep Latency Testing and/or Maintenance of Wakefulness Testing**

- Style change for clarity
- Code Changes: None

As a reminder, ordering and servicing providers may submit prior authorization requests to AIM in one of several ways:

- Access AIM *ProviderPortal<sub>SM</sub>* directly at [providerportal.com](http://providerportal.com). Online access is available 24/7 to process orders in real-time, and is the fastest and most convenient way to request authorization.
- Access AIM via the Availity Web Portal at [availity.com](http://availity.com)
- Call the AIM Contact Center toll-free number: 877-291-0366, Monday–Friday 7:00 a.m.–5:00 p.m. PT.

For questions related to guideline updates, please contact AIM via email at [aim.guidelines@aimspecialtyhealth.com](mailto:aim.guidelines@aimspecialtyhealth.com). To access and download a copy of the current and upcoming guidelines, go to: <http://www.aimspecialtyhealth.com/ClinicalGuidelines.html>.

We value and appreciate you as our partner in providing quality care, and appreciate your continued participation in our network.

Sincerely,



Elizabeth Kraft, M.D.

Medical Director

Anthem Blue Cross and Blue Shield